## Week 1 **Gluten Free Menu Meat Free Monday Tuesday** Wednesday **Thursday Friday** Gluten Free Fish Fingers Lemon & Garlic Chicken with Roast British Gammon BBQ Chicken with Rice with Oven Baked Chips No Yorkshire Pudding Wedges Gluten Free TR Code: 01652 Gluten Free Roll (01051) or Rustic Italian Meatballs (VE) Cheesy Tomato Pasta (V) Jacket Potato with a Choice of Wrap (06246) with Choice **Gluten Free Pasta Code:** Jacket Potato with Baked **Gluten Free Pasta TR Code:** of filling. Topping 68174u, NO lentils in (68174u) & NO Lentils in Beans (VE) (Tuna/Cheese/Baked Beans) (Ham, Tuna Mayo or tomato based sauce. Tomato based Sauce. Cheese) Margherita Pizza with Wedges (V) Gluten Free Base Code: 01502 NO Lentils in tomato based sauce. Farmhouse Mixed Vegetables Sweetcorn Carrots Coleslaw Peas **Baked Beans** Cauliflower Broccoli **Spring Greens** Sweetcorn Fresh Fruit/ Iced Fruit Fresh Fruit Platter (VE) Vanilla Ice Cream Tub Fresh Fruit Platter (VE) Fruit Jelly (VE) Smoothie/ Ice Cream

Gluten Free Pizza Base (01502) Allergens: N/A

Gluten Free Roll (01051) Allergens: <u>EGG</u> Gluten Free Wrap (06246) Allergens: N/A Gluten Free Pasta (68174) Allergens: N/A

Week 2							
Gluten Free Menu							
Monday	Tuesday	Wednesday	Thursday	Friday			
	Creamy Chicken Korma with Rice	Traditional Roast Turkey  No Yorkshire Pudding	Sticky Chicken with Rice	Gluten Free Fish Fingers with Oven Baked Chips Gluten Free TR Code: 01652			
Cheesy Tomato Pasta (V) Gluten Free Pasta TR Code: (68174u) & NO Lentils in tomato based sauce.	Jacket Potato with a Choice of Topping (Tuna/Cheese/Baked Beans)	Cheesy Tomato Pasta (V) Gluten Free Pasta TR Code: (68174u) & NO Lentils in tomato based sauce.	Gluten Free Roll (01051) or Wrap (06246) with Choice of filling. (Ham, Tuna Mayo or Cheese)	Jacket Potato with a Choice of Topping (Tuna/Cheese/Baked Beans)			
Peas	Farmhouse Veg	Cabbage	Broccoli	Cauliflower			
Sweetcorn	Baked Beans	Carrots	Sweetcorn	Peas			
Fresh Fruit/ Iced Fruit Smoothie	Fresh Fruit Platter (VE)	Raspberry Ripple Ice Cream Tub	Fresh Fruit Platter (VE)	Fresh Fruit/ Iced Fruit Smoothie			

Gluten Free Pizza Base (01502) Allergens: N/A Gluten Free Roll (01051) Allergens: <u>EGG</u> Gluten Free Wrap (06246) Allergens: N/A Gluten Free Pasta (68174) Allergens: N/A

Week 3						
Gluten Free Menu						
Monday	Tuesday	Wednesday	Thursday	Friday		
			Southern Style Chicken with Potato Dippers	Gluten Free Fish Fingers with Oven Baked Chips Gluten Free TR Code: 01652		
Sweet Chilli Chicken Pasta Gluten Free Pasta TR Code: 68174u NO Lentils in tomato based sauce.	Jacket Potato with a Choice of Topping (Tuna/Cheese/Baked Beans)	Cheesy Tomato Pasta (V)  Gluten Free Pasta TR Code: 68174u  NO Lentils in tomato based sauce.	Gluten Free Roll (01051) or Wrap (06246) with Choice of filling. (Ham, Tuna Mayo or Cheese)			
	Margherita Pizza with Wedges (V) Gluten Free Base Code: 01502 NO Lentils in tomato based sauce.			Hot Cheesy Quesadilla with Oven Baked Chips (V) Gluten Free Wrap (06246) & NO Lentils in Tomato Based Sauce.		
Sweetcorn	Farmhouse Veg	Carrots	Sweetcorn	Peas		
Green Beans	Peas	Broccoli	Baked Beans	Cauliflower		
Fresh Fruit/ Iced Fruit Smoothie	Fresh Fruit Platter (VE)	Fruit Jelly (VE)	Fresh Fruit Platter (VE)	Strawberry Frozen Yoghurt		

Gluten Free Pizza Base (01502) Allergens: N/A
Gluten Free Roll (01051) Allergens: EGG
Gluten Free Wrap (06246) Allergens: N/A
Gluten Free Pasta (68174) Allergens: N/A